

# Elevation of Consciousness is the Way

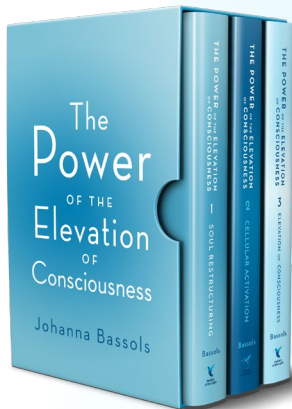
“Many of the problems and obstacles that we endure in our lives could disappear if we change the way we perceive them. All we need to do is elevate our consciousness.”

—Johanna Bassols



## Areas of Expertise

- Soul reprogramming
- Soul restructuring
- Cellular activation through food, breathing, and focused movements
- Elevation of consciousness
- DNA activation
- Emotional healing
- Energy healing
- Spirituality




## Johanna Bassols

Johanna Bassols is a law graduate and entrepreneur who found her life purpose in the most enlightening way, through a process that she now teaches in her books and classes: the activation of the DNA.

Johanna is the founder of the Healers of the Light, an energy healing academy where she offers various classes and educational resources. She is also an expert in the use of frequency words, an animal advocate, and a firm proponent of plant based and conscious living.


 [johanna@healersofthelight.com](mailto:johanna@healersofthelight.com)

 [www.healersofthelight.com](http://www.healersofthelight.com)

 888-544-8181

 1165 N.E. 105 St., Miami Shores, FL 33138

## Press Release

 <https://eprnews.com/the-power-of-the-elevation-of-consciousness-soul-restructuring-354757/>

## Social

 [healersofthelight](https://www.facebook.com/healersofthelight)

 [healersoflight](https://twitter.com/healersoflight)

 [healersofthelight](https://www.instagram.com/healersofthelight)

 [healersofthelight](https://www.youtube.com/healersofthelight)

## Training Topics

- **Soul Restructuring:** Releasing identification with emotions, ideas, and false beliefs to experience enlightenment and self-awareness and to connect to our purpose in life.
- **DNA Activation:** How the state of awareness can stimulate the activation of our DNA codes that trace the path back to our origins.
- **Elevation of Consciousness:** Understanding the process to reach higher consciousness and how to integrate these practices into the modern world.
- **Cellular Activation:** Learning to be super human by enhancing our cells with specific groups of foods, breathing techniques, and movements.