



SRM REPROGRAMMING BREATHING™

JOHANNA BASSOLS

Hi! I'm Johanna. The author of the series of books "The Power of the Elevation of Consciousness" and the founder of Healers of the Light, an alternative healing academy in Miami, Florida.

I have developed a technique called SRM Reprogramming™ Breathing (Subconscious Reprogramming Method), that

This class is easy to integrate in your next retreat, event, or seminar, to give your attendees a phenomenal experience and tool that they can use for life.

The practice offers 2 levels, and it's taught in 2 days, in 90-minutes per day. Or it can be taught in one day, added to the 4-day SRM Reprogramming™ Mastery class, available

"WE CAN USE THE COMMUNICATION BETWEEN OUR BREATHING, HEART RATE, AND CONSCIOUSNESS TO REPROGRAM PATTERNS OF BEHAVIOR, THOUGHT, OR PERCEPTION."

allows the reprogramming of subconscious patterns using various breathing sequences.

for those who want to know in depth or teach Reprogramming Breathing or any of the other modalities of Reprogramming.



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WHAT REPROGRAMMING BREATHING DOES

+ IT TEACHES YOU HOW TO EXPERIENCE INNER AWARENESS THROUGH THE STIMULATION OF SEROTONIN (LEVEL 1) OR ADRENALINE (LEVEL 2).

+ IT ALLOWS YOU TO CHANGE THE SUBCONSCIOUS RESPONSE THAT ORIGINATED AN UNDESIRABLE PATTERN

+ IT ALLOWS YOU TO IMPLANT NEW PATTERNS TO STIMULATE NEW INTERESTS, QUALITIES, OR A NEW PERCEPTION

+ IT GIVES YOU THE STRUCTURE THAT YOU NEED TO EXPERIENCE A FRUITFUL MEDITATION THAT COULD HEAL AND RESTRUCTURE YOUR CELLULAR FUNCTIONS

PLATFORM REACH

80k+ FOLLOWERS ACROSS INSTAGRAM AND FACEBOOK ONLY

4K+ NEWSLETTER SUBSCRIBERS

8K+ UNIQUE WEBSITE VISITORS PER MONTH

72% WOMEN

25-44 AVERAGE AGE

54% FROM THE U.S.

OTHER TOP LOCATIONS: UK, INDIA, AUSTRALIA AND CANADA

50k+

E-MAIL SUBSCRIBERS

50k+

MONTHLY UNIQUE VISITORS

50k+


MONTHLY PAGE VIEWS

50k+

SOCIAL MEDIA FOLLOWERS

WHAT OTHERS SAY!

“


 **oneredline** I love the feeling after..its feels like you said, relax and peacefull..and also I feel a strong feeling of love!

🙏 thanks 🌟🌟🌟🌟🌟🌟


6w 2 likes Reply

 **healersofthelight @oneredline** thank you 🙏 I'm glad you enjoyed it. Practice often

6w 2 likes Reply

 **noellecellini** This was excellent!! 🙏💕

9w 2 likes Reply

 **healersofthelight @noellecellini** I'm glad you enjoyed it

9w 1 like Reply

”

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RETAIL PRICING

\$150 PREPROG. BREATHING
2 DAYS- 2 LEVELS
90 MIN PER DAY

~~**\$975**~~ REPROG. MASTERY
\$475 5 DAYS-5 LEVELS
4 HOURS PER DAY

SRM REPROGRAMMING™ MASTERY

IMMERSE IN A 5 DAY MASTERY OF SRM REPROGRAMMING™

CLASS MODULES

DAY 1: DEVELOPING INTERNAL COMMUNICATION

+ INTRODUCTORY MODULE TO DEFINE THE GOALS OF REPROGRAMMING, DISCUSS MEDITATION AND BREATHING TECHNIQUES BASICS, FOOD RECOMMENDATIONS AND OTHER FUNDAMENTAL CONCEPTS AND PRACTICES

DAY 2: SOUL RESTRUCTURING

+ INITIATION INTO REPROGRAMMING SOUL RESTRUCTURING TECHNIQUES (TAPPING, ACTIVATING ENERGY CENTERS, DETACHMENT, AND ACTIVATION OF LIFE PURPOSE)

DAY 3: CELLULAR ACTIVATION

+ COMMUNICATE WITH YOUR BODY AND ACTIVATE YOUR CELLULAR SYSTEM THROUGH FOOD, BREATHING, AND FOCUSED MOVEMENTS

+ HOW TO CREATE OR RELEASE PATTERNS

DAY 4: ELEVATION OF CONSCIOUSNESS

+ THE KEYS TO CONNECT TO AWARENESS, PRACTICES TO RELEASE BLOCKAGES AND LIMITS OF PERCEPTION, REVERSING THE ELECTRIC CHARGE OF THE BRAIN, AND MORE

DAY 5: REPROGRAMMING BREATHING

+ BREATHING SEQUENCES TO CHANGE BRAIN PATTERNS OR TO CREATE NEW ONES.

VIDEOS

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AUTHOR BIO

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#REPROGRAMMING

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