

THE POWER OF THE ELEVATION OF CONSCIOUSNESS: CELLULAR ACTIVATION

Embody Consciousness Through Breathing,
Food, and Focused Movements.

JOHANNA BASSOLS

Cellular activation is a process that enables you to reach the state of awareness in your physical body to embody consciousness through food, breathing, and focused movements.

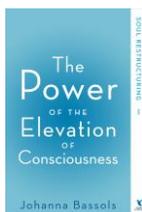
Cellular Activation is the second volume of the series The Power of the Elevation of Consciousness.

Why you should add this book to your list?

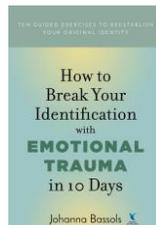
The author, Johanna Bassols specializes in offering practical methods to experience the state of awareness and to improve inner communication.

This book offers a clear methodology and practice that can be revolutionary and stands out from the merely philosophical perspectives that most books in this category normally offer.

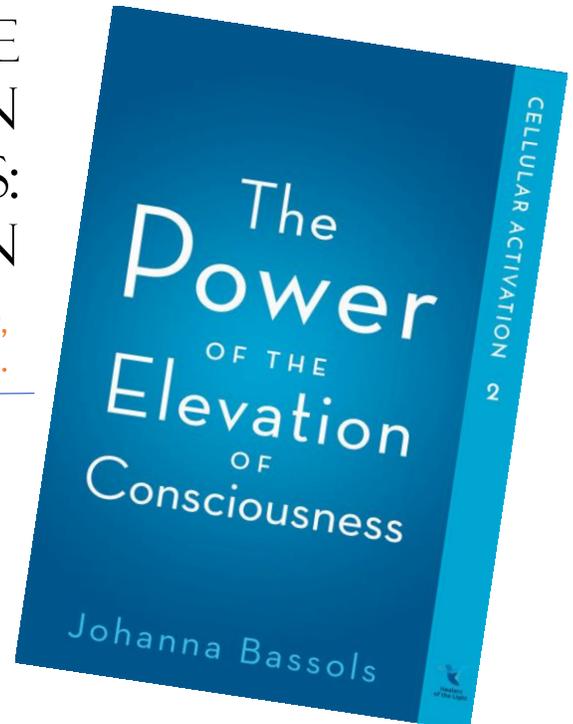
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About the author: Johanna Bassols. Johanna Bassols is a specialist in the semantics of consciousness.

She uses various practical methods to stimulate the state of conscious awareness.

She is a law graduate and entrepreneur who found her life purpose after an intense and transformational experience of awareness, which lead her to write books and to create classes explaining the ramifications of experiencing awareness in an intense or frequent manner, a process known as elevation of consciousness.

Johanna is the founder of the Healers of the Light, alternative healing academy. She created a unique healing method for reprogramming energetic imbalances, called the Soul Reprogramming Method, and is the author of the series *The Power of the Elevation of Consciousness*, and *How to Break Your Identification with Emotional Trauma in 10 days*.